

READERS' CHOICE

TOP 10 Executive Coaches

Each month, Women's Business asks readers for nominations to create a Top 10 list in a particular category. In this issue, we present our region's top executive coaches. Following are the dynamic professionals who provide the top-notch guidance that readers rely on for their personal and professional development.



Lee Estridge

Owner

Lee Estridge & Associates

“Lee and I got right to work on unpacking my behaviors so that I could see my own patterns and assumptions. As I talked with Lee and thought about myself, I was amazed at how much of my stress was self-driven. Each of my clients thought of me as their partner, their friend. I was a friend to everyone but myself! Lee has the insight to help you discover your own needs for a well-balanced life.”

- STUART COHEN, CPA